

# Neurona Motora

## FYADENMAC

### Family communication during the disease process

Lic. Carla Yolotl Flores Plancarte  
Social Worker  
FYADENMAC



# What communication is?

- For most of us, communication is just a process which allows us to exchange information through of many ways.





Simple right?.....

But, for ALS patients is not just a process. Is part of their life which gradually disappears, also the possibility to express emotions, feelings and needs.

Human...we are social by nature.  
And the best example along history has  
been the development of language as a  
way to form a society.



So, if somebody can't express by talking....

Is there any other option?

Fortunately.....YES!!!!



People is expert on adapting to almost any circumstance.



And we have an ally called  
**TECHNOLOGY.**

Several countries around the world have developed software and hardware which allow communication.

Example:

Software which allow operate almost any computer with eyes.

Hardware which allows that software works like webcam and more devices.

In Mexico there are many families which do not have economic resources to buy a webcam neither another devices.

But, there are cheaper options like communication boards, because could be handmade. Those are an excellent option.

Another advantage is that could be adapt for personal needs and change for each family.

These option can be the difference between a free expresion of emotions, needs and feelings among family or a family without assertive communication.

Listen to others is easy,  
but listen and show respect,  
sometimes is not.



# Recommendations for assertive communication

Listen with respect to other people.

Respect the silence, because people need it.

Respect emotions, feelings and needs...because others have the right to express them.

Help anyone who can not talk to express their ideas.



# In conclusion

Is very important that after ALS diagnosis health team recommend the family to use these support for communication for people with ALS.

Because we can't stop unavoidable but we can help to increase the life quality of ALS people and their families.



