# International Alliance Meeting

- ALS Outreach Initiatives
- Greece Estonia Russia Canada
- Kathy Mitchell R.N. B.N.
- Sydney 2011

# Out reach goals

- Political Advocacy
- Public Awareness
- Professional Education
- Patient and Family Support
- Sustainable resources
- Capacity development
- Global networking

# Athens

### Greece

- Home visit with family support
- Meeting with ALS Association representative
- University of Athens department of neurology meeting and presentation to interprofessional team
- Environmental stresses and lack of home care
- Ongoing support-changes improved patient and families quality of life

### Tallinn Estonia



#### Kylli Rienup and Resources

#### **Estonian Association**

# Floor Hockey!

## Hospital team

## Tallinn Estonia

- 5 presentations to hospitals nursing home
- School of Nursing
- Visit to patient in hospital
- Visit to Association and Floor hockey tournament
- Kylli Reinup coordinated visit
- Resource library of texts and DVDs left at each centre
- Member of Baltic Bridge group-newsletter

## Interprofessional Team

### Dr Levistsky and Minister of Health

### Moscow Russia

- At invitation of Dr Gleb Levitsky Neurologist
- First ALS Conference for Russian Neurologists
- Ettore Beghi Leonard van den Berg Kathy Mitchell-speakers
- Visit to Moscow Secretary of Health
- Visit to Canadian Embassy to apply for Canada Fund support
- Visit with Canadian Ambassador
- Donation of pulse oximeter

### Seven sisters-University of Moscow

## Canadian Embassy

### Convent of Martha and Mary Moscow

### Convent

- Meeting to discuss hospice and palliative care
- Needs of ALS patients and families identified
- Resources presented
- Ongoing email support

#### St Basils Church Red Square

### **Accomplishments!**

- Translated information from MNDA into Russian
- Held on site and on line seminar for 30 patients
- Donation of funds to purchase 5 NIV
- Creating patient and family support for emotional and practical needs

# Meeting ALS/MND Initiatives in Greece Estonia and Russia

Kathy Mitchell Professor retired Algonquin College Ottawa Canada

#### Presentations

- Canadian Hospice Palliative Care Conference
- Only ALS presentation done

# Thanks

- International Alliance of ALS/MND Associations
- Russian ALS Charitable Foundation
- Estonian ALS Association
- Oxford Textbooks

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