# The Respiratory Decision Making Process in ALS/MND "It is your decision"

Three Short Informational Videos

A Package for ALS/MND Patients, Families, and Professionals

The ALS Association

The Les Turner Foundation

The Forbes Norris ALS Research Center

2013

#### First Video: 16 minutes

- Introduces Status of ALS
- Importance of Developing a Care plan
- Importance of staying informed about progression
- Why you WILL have to make a decision or a decision will be made for you
- Assurance you can always change your mind

#### **Second Video: 15 minutes**

- Briefly explains ALS respiratory failure; some diagrams
- Answers some early common questions
- Introduces some patients who tell their story and why they made their decisions

#### **Third Video: 17 minutes**

- Explains that progression continues
- Discusses different respiratory options
  - Non Invasive Ventilator Support Options
  - Tracheotomy Ventilation: Major factors to consider, including option to quit;
  - Hospice Care with refusal of all interventions
- Emphasis on "It is your decision"

### **Short Video Trailer**

## Final thoughts

- Ready for Release Soon
- To be made available on-line: link via our websites
- CDs: to Support Groups, Neuro Clinics, ALS organizations, chapters, etc.
- In English; no translations planned yet

Questions?